



LUNCH MENU

WEEK 1

26 -30 JANUARY

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MEAT FREE MONDAY

MAIN CHOICE

Mexican Day

OR

Soup of the day and a
bread roll

VEGETARIAN

Vegetarian chilli

Vegetarian fajitas

Cheese quesadillas

VEGETABLES & SIDES

Rice, sweetcorn,
nachos, guacamole

PUDDING

Fresh fruit

TUESDAY

MAIN CHOICE

Carbonara

OR

Soup of the day and a
bread roll

VEGETARIAN

Pesto pasta

VEGETABLES & SIDES

Broccoli

Garlic bread

PUDDING

Yoghurt

Fresh fruit

WEDNESDAY

MAIN CHOICE

Roast chicken

Roast ham

OR

Soup of the day and a
bread roll

VEGETARIAN

Cauliflower cheese

VEGETABLES & SIDES

Roast potatoes

Green beans

PUDDING

Fruit salad

Cheese & biscuits

THURSDAY

MAIN CHOICE

Handmade pepperoni
pizza

Sausage rolls

OR

Soup of the day and a
bread roll

VEGETARIAN

Margherita pizza

Veggie sausage roll

VEGETABLES & SIDES

Corn

PUDDING

Fresh fruit

FRIDAY

MAIN CHOICE

Breaded fish fingers
with tartar sauce

OR

Soup of the day and a
bread roll

VEGETARIAN

Macaroni cheese

VEGETABLES & SIDES

Chips, peas

PUDDING

Sticky toffee muffin

Fresh fruit



LUNCH MENU

WEEK 2

2 - 6 FEBRUARY

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MEAT FREE MONDAY

MAIN CHOICE
Baked potato and
tuna

OR
Soup of the day and a
bread roll

VEGETARIAN
Baked potato and
beans and/or cheese
Cheesy pasta

VEGETABLES & SIDES
Mixed vegetables

PUDDING
Fresh fruit
Cheese and biscuits

TUESDAY

MAIN CHOICE
Lasagne

OR
Soup of the day and a
bread roll

VEGETARIAN
Pesto pasta

VEGETABLES & SIDES
Broccoli
Garlic bread

PUDDING
Rice pudding
Fresh fruit

WEDNESDAY

MAIN CHOICE
Breakfast for lunch

Bacon, sausage,
beans hash brown,
eggs

VEGETARIAN
Veggie sausages

PUDDING
Pancakes
Fresh fruit

THURSDAY

MAIN CHOICE
Handmade pepperoni
pizza

Sausage rolls
OR
Soup of the day and a
bread roll

VEGETARIAN
Margherita pizza
Veggie sausage rolls

VEGETABLES & SIDES
Corn

PUDDING
Fresh fruit

FRIDAY

MAIN CHOICE
Breaded fish fingers
with tartar sauce

OR
Soup of the day and a
bread roll

VEGETARIAN
Pesto cheese
pinwheels
VEGETABLES & SIDES
Chips, peas

PUDDING
Fresh fruit
Beetroot brownie



LUNCH MENU

WEEK 3

9 - 13 FEBRUARY

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MEAT FREE MONDAY

MAIN CHOICE
Baked potato and
tuna

OR
Soup of the day and a
bread roll

VEGETARIAN
Baked potato and
beans and/or cheese
Cheesy pasta

VEGETABLES & SIDES
Mixed vegetables

PUDDING
Fresh fruit

TUESDAY

MAIN CHOICE
Spaghetti bolognese

OR
Soup of the day and a
bread roll

VEGETARIAN
Pesto pasta

VEGETABLES & SIDES
Broccoli

PUDDING
Jelly
Fresh fruit

WEDNESDAY

MAIN CHOICE
Sausage and mash

OR
Soup of the day and a
bread roll

VEGETARIAN
Veggie sausage and
mash

VEGETABLES & SIDES
Cabbage

PUDDING
Fruit salad
Rhubarb and
strawberry crumble

THURSDAY

MAIN CHOICE
Handmade pepperoni
pizza

Sausage rolls
OR
Soup of the day and a
bread roll

VEGETARIAN
Margherita pizza
Veggie sausage rolls

VEGETABLES & SIDES
Corn

PUDDING
Fresh fruit

FRIDAY

MAIN CHOICE
Breaded fish fingers
with tartar sauce

OR
Soup of the day and a
bread roll

VEGETARIAN
Macaroni cheese

VEGETABLES & SIDES
Chips, peas

PUDDING
Fresh fruit
Chocolate chip
cookie