



## LUNCH MENU

### WEEK 1

26 -30 JANUARY

Wide selection of seasonal fresh fruit and vegetables offered daily along with water and milk.

### WEDNESDAY

#### MAIN CHOICE

Roast chicken  
Roast ham

OR

Soup of the day and a bread roll

#### VEGETARIAN

Cauliflower cheese

#### VEGETABLES & SIDES

Roast potatoes  
Green beans

#### PUDDING

Fruit salad  
Cheese & biscuits

### MEAT FREE MONDAY

#### MAIN CHOICE

Mexican Day

OR

Soup of the day and a bread roll

#### VEGETARIAN

Vegetarian chilli

Vegetarian fajitas

Cheese quesadillas

#### VEGETABLES & SIDES

Rice, sweetcorn, nachos, guacamole

#### PUDDING

Fresh fruit

### TUESDAY

#### MAIN CHOICE

Carbonara

OR

Soup of the day and a bread roll

#### VEGETARIAN

Pesto pasta

#### VEGETABLES & SIDES

Broccoli  
Garlic bread

#### PUDDING

Yoghurt  
Fresh fruit

### THURSDAY

#### MAIN CHOICE

Handmade pepperoni pizza

Sausage rolls

OR

Soup of the day and a bread roll

#### VEGETARIAN

Margherita pizza  
Veggie sausage roll

#### VEGETABLES & SIDES

Corn

#### PUDDING

Fresh fruit

### FRIDAY

#### MAIN CHOICE

Breaded fish fingers with tartar sauce

OR

Soup of the day and a bread roll

#### VEGETARIAN

Macaroni cheese

#### VEGETABLES & SIDES

Chips, peas

#### PUDDING

Sticky toffee muffin  
Fresh fruit



## LUNCH MENU

### WEEK 2

2 - 6 FEBRUARY

Wide selection of seasonal fresh fruit and vegetables offered daily along with water and milk.

### WEDNESDAY

**MAIN CHOICE**  
Breakfast for lunch

Bacon, sausage, beans hash brown, eggs

**VEGETARIAN**  
Veggie sausages

**PUDDING**  
Pancakes  
Fresh fruit

### MEAT FREE MONDAY

**MAIN CHOICE**

Baked potato and tuna

OR

Soup of the day and a bread roll

**VEGETARIAN**

Baked potato and beans and/or cheese

Cheesy pasta

**VEGETABLES & SIDES**  
Mixed vegetables

**PUDDING**

Fresh fruit

Cheese and biscuits

### TUESDAY

**MAIN CHOICE**  
Lasagne

OR

Soup of the day and a bread roll

**VEGETARIAN**  
Pesto pasta

**VEGETABLES & SIDES**

Broccoli  
Garlic bread

**PUDDING**

Rice pudding  
Fresh fruit

### THURSDAY

**MAIN CHOICE**

Handmade pepperoni pizza

Sausage rolls

OR

Soup of the day and a bread roll

**VEGETARIAN**

Margherita pizza  
Veggie sausage rolls

**VEGETABLES & SIDES**

Corn

**PUDDING**

Fresh fruit

### FRIDAY

**MAIN CHOICE**

Breaded fish fingers with tartar sauce

OR

Soup of the day and a bread roll

**VEGETARIAN**  
Pesto cheese pinwheels

**VEGETABLES & SIDES**  
Chips, peas

**PUDDING**  
Fresh fruit

Beetroot brownie



## LUNCH MENU

### WEEK 3

9 - 13 FEBRUARY

Wide selection of seasonal fresh fruit and vegetables offered daily along with water and milk.

### WEDNESDAY

MAIN CHOICE  
Sausage and mash  
OR  
Soup of the day and a bread roll

VEGETARIAN  
Veggie sausage and mash

VEGETABLES & SIDES  
Cabbage

PUDDING  
Fruit salad  
Rhubarb and strawberry crumble

### MEAT FREE MONDAY

MAIN CHOICE

Baked potato and tuna  
OR  
Soup of the day and a bread roll

VEGETARIAN

Baked potato and beans and/or cheese  
Cheesy pasta

VEGETABLES & SIDES  
Mixed vegetables

PUDDING  
Fresh fruit

### TUESDAY

MAIN CHOICE

Spaghetti bolognese  
OR  
Soup of the day and a bread roll

VEGETARIAN

Pesto pasta

VEGETABLES & SIDES  
Broccoli

PUDDING  
Jelly  
Fresh fruit

### THURSDAY

MAIN CHOICE  
Handmade pepperoni pizza  
Sausage rolls  
OR  
Soup of the day and a bread roll

VEGETARIAN  
Margherita pizza  
Veggie sausage rolls

VEGETABLES & SIDES  
Corn

PUDDING  
Fresh fruit

### FRIDAY

MAIN CHOICE  
Breaded fish fingers with tartar sauce  
OR  
Soup of the day and a bread roll

VEGETARIAN  
Macaroni cheese

VEGETABLES & SIDES  
Chips, peas

PUDDING  
Fresh fruit  
Chocolate chip cookie