

Physical Education Intent Statement

AT Newnham Croft physical education curriculum is designed to encourage all children to develop a healthy and active lifestyle in and out of school. We offer opportunities to be competitive with themselves and others in a range of different activities and sports and encourage them to excel and beat 'personal bests'. With experiencing many different sports and physical activities in school we hope that every child finds a passion of physical activity that they can continue and develop beyond life at Newnham Croft.

Aims

- to lead healthy active lifestyles.
- to have confidence to excel in a broad range of physical activities.
- are physically active for sustained periods of time.
- to learn 'spirit of the games' values: team work, respect, determination, self-belief, passion and honesty through sport.
- engage in competitive sports and activities.