

50

things to do

before you're
five

Fun and free ways to support your child to prepare for the next step

Fifty low or no-cost activities, to enjoy with your child, to support their readiness for the next step

Developing self-regulation skills to support with turn taking



#45
Wonderful Waiting G...
Waiting for transport, sitting at the doctors or at your table in a restauran...



#47
Great Eastern Baking
Children love to help with cooking and baking. Cooking together means you...



#38
Show and Tell
Encourage your child to show and tell all of their daily activities so they kno...



Developing hand-eye coordination to support with skills later required for writing



Supporting vocabulary development

Strengthening gross motor skills to support readiness to write



#18
Dance!
Dancing is a fun way to encourage your child to be active and healthy. Your ch...



#10
Sharing Books
Sharing books is a wonderful thing to do with young children. Stories can be...



#22
My Secret Treasures
Toddlers and older children love to collect and store items that excite the...



Experiencing success and failure to support management of feelings



Hearing new vocabulary, supporting children to develop language to express their own thoughts and feelings



Download the free app to explore all 50 activities
cambsporo.50thingstodo.org



For more information on helping your child get ready for reception visit startingreception.co.uk