



LUNCH MENU

WEEK 2

7 - 11
SEPTEMBER

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MEAT FREE MONDAY

MAIN CHOICE
Mexican Day

SANDWICH/ROLL
None

VEGETARIAN
Vegetarian chilli
Vegetarian fajitas
Cheese quesadillas

VEGETABLES & SIDES
Rice, sweetcorn,
nachos, guacamole

PUDDING
Fresh fruit

TUESDAY

MAIN CHOICE
Carbonara

SANDWICH/ROLL
Cheese

VEGETARIAN
Pesto pasta

VEGETABLES & SIDES
Broccoli

PUDDING
Fresh fruit
Apple crumble

WEDNESDAY

MAIN CHOICE
Sausage & mash

SANDWICH/ROLL
Tuna

VEGETARIAN
Veggie sausage &
mash

VEGETABLES & SIDES
Cabbage
Roasted carrots

PUDDING
Cheese and biscuits
Fresh fruit

THURSDAY

MAIN CHOICE
Handmade pepperoni
pizza

SANDWICH/ROLL
Sausage roll

VEGETARIAN
Margherita pizza

VEGETABLES & SIDES
Corn
Salad bar

PUDDING
Fresh fruit

FRIDAY

MAIN CHOICE
Breaded fish fingers
with tartar sauce
Hamburgers

SANDWICH/ROLL
None

VEGETARIAN
Veggie burger

VEGETABLES & SIDES
Chips, peas
Salad bar

PUDDING
Beetroot brownie
Fresh fruit



LUNCH MENU

WEEK 3

14 - 18
SEPTEMBER

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MONDAY

MAIN CHOICE
Baked potato and
tuna

SANDWICH/ROLL
Tuna/Egg

VEGETARIAN
Baked potato
and beans and/or
cheese

VEGETABLES & SIDES
Mixed vegetables

PUDDING
Fresh fruit

TUESDAY

MAIN CHOICE
Chicken Stir Fry

SANDWICH/ROLL
Cheese

VEGETARIAN
Vegetable Stir Fry

VEGETABLES & SIDES
Egg fried rice, spring
rolls, edamame

PUDDING
Jelly
Fresh fruit

WEDNESDAY

MAIN CHOICE
Spaghetti Bolognese

SANDWICH/ROLL
Ham

VEGETARIAN
Pesto pasta

VEGETABLES & SIDES
Broccoli
Garlic bread

PUDDING
Cheese and biscuits
Fruit salad

THURSDAY

MAIN CHOICE
Handmade pepperoni
pizza

SANDWICH/ROLL
Sausage roll

VEGETARIAN
Margherita pizza

VEGETABLES & SIDES
Corn

PUDDING
Fresh fruit

FRIDAY

MAIN CHOICE
Breaded fish fingers
with tartar sauce

SANDWICH/ROLL
None

VEGETARIAN
Macaroni cheese

VEGETABLES & SIDES
Chips, peas

PUDDING
Chocolate chip
cookies
Fresh fruit