



LUNCH MENU

WEEK 2

12 - 16 JANUARY

Wide selection of seasonal fresh fruit and vegetables offered daily along with water and milk.

WEDNESDAY

MAIN CHOICE

Roast pork
Roast chicken

OR

Soup of the day and a bread roll

VEGETARIAN

Veggie sausage
Cauliflower cheese

VEGETABLES & SIDES

Green beans

PUDDING

Fruit salad
Jelly

MONDAY

MAIN CHOICE

Mexican Day

OR

Soup of the day and a bread roll

VEGETARIAN

Vegetarian chilli
Vegetarian fajitas
Cheese quesadillas

VEGETABLES & SIDES

Rice, sweetcorn,
nachos, guacamole

PUDDING

Fresh fruit

TUESDAY

MAIN CHOICE

Spaghetti bolognese

OR

Soup of the day and a bread roll

VEGETARIAN

Veggie pasta bake

VEGETABLES & SIDES

Broccoli
Garlic bread

PUDDING

Yoghurt
Fresh fruit

FRIDAY

MAIN CHOICE

Breaded fish fingers
with tartar sauce

OR

Soup of the day and a bread roll

VEGETARIAN

Macaroni cheese

VEGETABLES & SIDES

Chips, peas

PUDDING

Chocolate chip
cookie
Fresh fruit



LUNCH MENU

WEEK 3

19 - 23 JANUARY

Wide selection of seasonal fresh fruit and vegetables offered daily along with water and milk.

WEDNESDAY

MAIN CHOICE
Sausage and mash

OR
Soup of the day and a bread roll

VEGETARIAN
Veggie sausage and mash

VEGETABLES & SIDES
Cabbage

PUDDING
Fruit salad
Chocolate chip cookie

MONDAY

MAIN CHOICE

Baked potato and tuna

OR

Soup of the day and a bread roll

VEGETARIAN

Baked potato and beans and/or cheese
Cheesy pasta

VEGETABLES & SIDES

Mixed vegetables

PUDDING

Fresh fruit

TUESDAY

MAIN CHOICE

Cottage pie

Meatloaf & parmentier potatoes

OR

Soup of the day and a bread roll

VEGETARIAN

Veggie cottage pie

VEGETABLES & SIDES

Mixed vegetables

PUDDING

Cheese & biscuits
Fresh fruit

FRIDAY

MAIN CHOICE

Breaded fish fingers with tartar sauce

OR

Soup of the day and a bread roll

VEGETARIAN
Cheesy pinwheels

VEGETABLES & SIDES
Chips, peas

PUDDING
Fresh fruit
Beetroot brownie

THURSDAY

MAIN CHOICE

Handmade pepperoni pizza
Sausage rolls

OR

Soup of the day and a bread roll

VEGETARIAN
Margherita pizza

VEGETABLES & SIDES
Corn

PUDDING
Fresh fruit