



LUNCH MENU

WEEK 1

13 - 17 OCTOBER

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MEAT FREE MONDAY

MAIN CHOICE

Mexican Day

OR

Soup of the day and a
bread roll

VEGETARIAN

Vegetarian chilli

Vegetarian fajitas

Cheese quesadillas

VEGETABLES & SIDES

Rice, sweetcorn,
nachos, guacamole

PUDDING

Fresh fruit

TUESDAY

MAIN CHOICE

Carbonara

OR

Soup of the day and a
bread roll

VEGETARIAN

Pesto pasta

VEGETABLES & SIDES

Broccoli

PUDDING

Yoghurt

Fresh fruit

WEDNESDAY

MAIN CHOICE

Sausage and mash

OR

Soup of the day and a
bread roll

VEGETARIAN

Veggie sausage and
mash

VEGETABLES & SIDES

Cabbage
Roasted carrots

PUDDING

Fruit salad

THURSDAY

MAIN CHOICE

Handmade pepperoni
pizza

OR

Soup of the day and a
bread roll

VEGETARIAN

Margherita pizza

VEGETABLES & SIDES

Corn

PUDDING

Apple and blueberry
crumble
Fresh fruit

FRIDAY

MAIN CHOICE

Breaded fish fingers
with tartar sauce

OR

Soup of the day and a
bread roll

VEGETARIAN

Macaroni cheese

VEGETABLES & SIDES

Chips, peas

PUDDING

Banana bread
Fresh fruit



LUNCH MENU

WEEK 2

20 -24
OCTOBER

Wide selection of seasonal
fresh fruit and vegetables
offered daily along with
water and milk.

MONDAY

MAIN CHOICE

Baked potato and
tuna

OR

Soup of the day and a
bread roll

VEGETARIAN

Baked potato and/or
cheese

Cheesy pasta

VEGETABLES & SIDES

Mixed vegetables

PUDDING

Fresh fruit

TUESDAY

MAIN CHOICE

Cottage pie

OR

Soup of the day and a
bread roll

VEGETARIAN

Vegetarian cottage
pie

VEGETABLES & SIDES

Brussel sprouts,
parsnips, beans

PUDDING

Cheese & biscuits

Fresh fruit

WEDNESDAY

MAIN CHOICE

Roast chicken or ham

OR

Soup of the day and a
bread roll

VEGETARIAN

Veggie sausages

VEGETABLES & SIDES

Cabbage, scalloped
potatoes

PUDDING

Jelly
Fresh fruit

THURSDAY

MAIN CHOICE

Handmade pepperoni
pizza

OR

Soup of the day and a
bread roll

VEGETARIAN

Margherita pizza

VEGETABLES & SIDES

Corn

PUDDING

Fresh fruit

FRIDAY

MAIN CHOICE

Breaded fish fingers
with tartar sauce

Hamburger

OR

Soup of the day and a
bread roll

VEGETARIAN

Veggie burger

VEGETABLES & SIDES

Chips, peas

PUDDING

Fresh fruit
Beetroot brownie