



During this topic, Reception will aim to know and talk about the different factors that support their overall health and well-being. We will discuss the importance of regular physical activity, what healthy eating means, the importance of good oral hygiene, why it is important to have sensible amounts of screen time, the importance of having enough sleep, personal hygiene and being safe as an individual, We will use stories and real life experiences to help us understand these vital elements of being a happy and healthy individual.

This topic focuses on the benefits of healthy eating and regular physical activity

SUBJECT AREAS

<p>MATHS</p>	<ul style="list-style-type: none"> • Have a deep understanding of number to 10, including the composition of each number. • Subitise (recognise quantities without counting) up to 5. • Verbally count beyond 20, recognising the pattern of the counting system. • Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity. • Automatically recall number bonds up to 5 (including subtraction facts) and some number bonds to 10, including double facts. • Explore and represent patterns within numbers up to 10, including evens and odds, double facts and how quantities can be distributed equally. 	<p>LITERACY</p> <ul style="list-style-type: none"> • Read the story The Gigantic Turnip by Aleksei Tolstoy and create own class versions • Read and re-read books to build up their confidence in word reading, their fluency and their understanding and enjoyment • Re-read what they have written to check that it makes sense. • Sentence writing using phonemes learnt so far • Phase 3 phonics and phase 2 review • Review recognition of 'tricky words' no, to, I, the, go, is, of, put, pull, full, she, as, has, and, push, his, her, he, into, we, me, be and learn to spell them. • Learn to read new words, was, you, they, my, by, all, are, sure, pure • Ensure handwriting follows the Letter-Join Guidance
<p>PHYSICAL DEVELOPMENT</p>	<ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. • To develop the ability to control a ball in a range of ways. • To develop the ability to throw accurately at a target. • To use throwing skills in a small sided game. • To be able to use a bat or racket to move and control an object. • To develop the ability catch and bounce a ball. • To develop the ability to kick a ball. • Develop the foundations of handwriting style which is fast, accurate and efficient. 	<p>COMMUNICATION & LANGUAGE</p> <ul style="list-style-type: none"> • Describe events in some detail. • Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen. • Listen to and talk about stories to build familiarity and understanding. • Retell the story, once they have developed a deep familiarity with the text, some as exact repetition and some in their own words.

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">PSED</p>	<ul style="list-style-type: none"> • To understand why different foods and drink are important in order for our bodies to stay healthy and well. • To be able to name and talk about foods they like and dislike. • To understand what exercise is and why it is good for us. • To understand the importance of sleep for our bodies. • To begin to understand how to make choices which promote healthy living. • To understand the importance of privacy, including private body parts. • To know about named trusted adults. 	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">UNDERSTANDING THE WORLD</p>	<ul style="list-style-type: none"> • Find out ways to answer questions raised in topic map • Importance of caring the natural world around us • Forest Schools • Chinese New Year, Easter, Mother's Day, Pancake Day • Recognise some similarities and differences between life in this country and life in other countries • Comment on images of familiar situations in the past • Compare and contrast characters from stories, including figures from the past • Keyboard skills · ICT: Programing of floor controlled robots (Beebots) · Use of camera's to use to document · Create pictograms using 2simple
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">EXPRESSIVE ARTS & DESIGN</p>	<p>Through Junk Modelling:</p> <ul style="list-style-type: none"> • Explore and investigate tools and materials • Develop Scissor skills • Plan and Select correct resources • Plan and create a model • Share a finished model and reflect • Explore different ways to temporarily join materials 		